



WALKING WITH JESUS

WEEK 18

THE SABBATH & WORSHIP

REST, RELATIONSHIP,
IDENTITY & ALLEGIANCE

ROOTED
IN CREATION

HONORED
BY JESUS

NEVER CHANGED
BY GOD

SIGN OF
ALLEGIANCE

CELEBRATED
IN ETERNITY

“From one Sabbath
to another,
all flesh shall come
to worship
before Me.”

ISAIAH 66:23 (NKJV)



BELONG DEEPLY.
LOVE GENUINELY.



SERVE FAITHFULLY.
SHARE BOLDLY.



MAKE DISCIPLES.
CHANGE THE WORLD.



The Sabbath points us
to our Creator,
strengthens our faith,
restores our joy,
and prepares us for eternity.
Through grace,
He invites us to rest in Him.

SAVED BY GRACE,
GUIDED BY TRUTH,
SHAPED BY LOVE,
LIVING FOR HIM.

STUDENT OUTLINE

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WEEK 18 – THE SABBATH & WORSHIP

Rest, Relationship, Identity & Allegiance

LESSON PURPOSE

By the end of this lesson, students should understand that the Sabbath originated at Creation, was incorporated into God's moral law, was honored by Jesus, and was never transferred to Sunday by any biblical command. Students will also see the historical progression by which Sunday observance emerged and eventually became dominant in Christianity, while Scripture itself points beyond the present world to Sabbath worship in the new earth. The ultimate issue is therefore not merely **which day**, but **whose authority will shape my worship?**

How to Use This Study

- Look up each Bible verse carefully
- Answer each question from the text
- Write your answers in your own words
- Be prepared to share your thoughts in discussion

GUIDED BIBLE DISCOVERY ONE GOD'S GIFT OF SACRED TIME

1. **Read Exodus 16:22–30.** What does the manna experience reveal about the Sabbath before the Ten Commandments were proclaimed at Sinai?

Answer: _____

2. **Read Isaiah 56:1–7.** What does God's inclusion of foreigners who honor His Sabbath tell us about the claim that Sabbath was intended exclusively for ethnic Jews?

Answer: _____

3. **Read Luke 4:16.** What does Jesus' regular Sabbath worship tell us about His practice?

Answer: _____

4. **Read Luke 23:54–24:1.** What sequence of days does Luke give surrounding Christ's death and resurrection?

Answer: _____

5. **Read Mark 2:27–28.** Jesus says, “The Sabbath was made for man.” What does that tell us about its purpose?

Answer: _____

6. **Read Matthew 12:9–13.** How did Jesus correct distorted ideas about Sabbath keeping?

Answer: _____

FAITH IN ACTION

What aspect of the Sabbath most appeals to you?

- ☐ Rest. ☐ Worship. ☐ Relationship. ☐ Remembering God as Creator
☐ Family and fellowship. ☐ Freedom from the pressure to produce.

GUIDED BIBLE DISCOVERY TWO SABBATH, WORSHIP & ALLEGIANCE

7. **Read Ezekiel 20:12.** What did God intend the Sabbath to signify between Himself and His people?

Answer: _____

8. **2. Read Acts 13:42–44.** What is significant about the Gentiles asking Paul to preach the gospel to them on the following Sabbath?

Answer: _____

9. **Read Acts 16:13–15.** How did Paul use Sabbath time in Philippi where there was apparently no synagogue available?

Answer: _____

10. **Read Revelation 14:6–7.** Why is the call to worship the One who “made heaven and earth” significant in a final message about worship?

Answer: _____

11. **Read Revelation 14:12.** What two characteristics appear together in Revelation's description of God's faithful people?

Answer: _____

12. **Read Isaiah 66:22–23.** What does the presence of Sabbath worship in the new earth tell us about the enduring purpose of the Sabbath?

Answer: _____

PERSONAL DECISIONS

Do not check these because they sound doctrinally correct.

Read each one prayerfully.

☐ **I accept the biblical seventh-day Sabbath as sacred time established by God at Creation.**

☐ **I accept that Scripture identifies the seventh day as the Sabbath and contains no command transferring its sanctity to Sunday.**

☐ **I choose to place the authority of God's Word above tradition, culture, convenience, or inherited religious practice.**

☐ **I desire to experience the Sabbath as a delight—a day of worship, rest, relationship, service, and communion with Jesus.**

☐ **Where Sabbath observance requires changes in my life, I am willing to trust God and ask Him to make obedience possible.**

☐ **Because I love Jesus, I choose to follow His truth wherever He leads me.**